



# 2019 November

November is Good Nutrition Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				<b>1</b> Fresh Baby Carrots 5 White Milk <hr/> Fresh Baby Carrots 5 White Milk	 <p><b>Snacks are provided to the AM and PM classes.</b></p> <p><b>Apples belong to the same family as roses.</b></p> <p><b>Treat Yourself Right</b></p>  
<b>4</b> 15 Oranges 5 White Milk <hr/> 15 Oranges 5 White Milk	<b>5</b> Canned Peaches 5 White Milk <hr/> Canned Peaches 5 White Milk	<b>6</b> Canned Pears 5 White Milk <hr/> Canned Pears 5 White Milk	<b>7</b> <b>No Service</b>	<b>8</b> <b>No School</b>	
<b>11</b> <b>No School</b>	<b>12</b> 15 Oranges 5 White Milk <hr/> 15 Oranges 5 White Milk	<b>13</b> Fresh Baby Carrots 5 White Milk <hr/> Fresh Baby Carrots 5 White Milk	<b>14</b> Sliced Cucumbers 5 White Milk <hr/> Sliced Cucumbers 5 White Milk	<b>15</b> Applesauce 5 White Milk <hr/> Applesauce 5 White Milk	
<b>18</b> Canned Peaches 5 White Milk <hr/> Canned Peaches 5 White Milk	<b>19</b> 15 Apples 5 White Milk <hr/> 15 Apples 5 White Milk	<b>20</b> Applesauce 5 White Milk <hr/> Applesauce 5 White Milk	<b>21</b> Sliced Cucumbers 5 White Milk <hr/> Sliced Cucumbers 5 White Milk	<b>22</b> Fresh Baby Carrots 5 White Milk <hr/> Fresh Baby Carrots 5 White Milk	
<b>25</b> Canned Pears 5 White Milk <hr/> Canned Pears 5 White Milk	<b>26</b> Applesauce 5 White Milk <hr/> Applesauce 5 White Milk	<b>27</b> <b>Thanksgiving Break</b>  <b>No School</b>	<b>28</b> <b>No School Thanksgiving Break</b> 	<b>29</b> <b>Thanksgiving Break</b>  <b>No School</b>	

## Concord Elementary School

### Special News...

Feeding young minds.  
[www.aramarkschools.com](http://www.aramarkschools.com)

Menus are subject to change without notice.

